

NEWSLETTER

Onfreight Logistics - Onsort Material Management



WHAT'S HAPPENING

NATIONAL TRUCKING WEEK IS SEPTEMBER 3RD-9TH "Truckers: Through & Through We Can Always Depend on You!" Join us to celebrate with food, refreshments and prizes on **September 14** between **11am-9pm**. Bring your motorcycle or Hot Rod for a "SHOW n' SHINE."

Canada Moves by Truck!



NATIONAL TRUCKING WEEK

LETTER FROM THE PRESIDENT

"We have a lot of exciting things going on including building a new terminal in Kentucky, and new equipment to replace older equipment. We continue to work on additional opportunities to keep everyone busy! Looking forward to communicating with you all through this newsletter as we do not get the chance to see each other enough! Take care of yourself and families. Thanks for all the hard work to make Onfreight & Onsort a great place to be!"

- Steve



- **Watch out for blind spots**

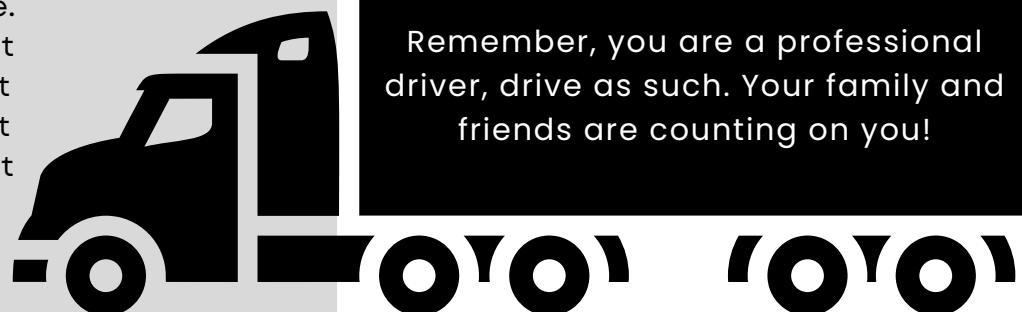
A blind spot is any area around a vehicle that cannot be directly seen by a driver. NHTSA reports over 840,000 accidents per year are directly due to blind spots. Check those mirrors often!

- **Practice 3 second rule**

When it comes to avoiding forward and rear collisions, best practice is for drivers to follow the 3 second rule. Allow 3 seconds of space between you and the vehicle in front of you, increase to 5 seconds in rain, and 10 seconds in ice and snow.

- **When in doubt, slow down!**

Always obey the posted speed limit but be prepared to slow down when driving conditions change. Slowing down can prevent accidents altogether or at least decrease the impact and severity if an accident were to occur.



SAFETY TIP OF THE MONTH

**Jim Pereira-
Asset/Fleet Safety Manager**

Remember, you are a professional driver, drive as such. Your family and friends are counting on you!

EMPLOYEE SPOTLIGHT SASHA SHEVCHENKO

DISPATCH/CUSTOMER SERVICE

EMPLOYEE SINCE: NOVEMBER 2022

After war started in her home country of Ukraine, Sasha and her husband - scared and confused went through the difficult process of coming to Canada. With challenges like a language barrier and improper documentation they worked through many difficulties. Although trying to find jobs Sasha didn't have success even with her degree until she visited several logistics companies on her own. Once she walked through the doors of Onfreight she says "Everybody was so welcoming and set up an interview for me straight away. The same day I met owner Steve and since that day the Onfreight team helped and supported me all the way."

Thank you Sasha for your hard work!

